

The 2024 Self Mastery Program

with Mary Hayes Grieco

"A master is someone who is committed to becoming whole and free, and who employs the tools and knowledge that unfold the light and purposes of their soul. They walk with ease and authenticity as they shine that light into the world around them."

- Mary Hayes Grieco



Is it time to move forward into the beautiful life you've imagined for yourself? This year, discover the people and the tools and the healing experiences that will help you become your best self: the guidance of a wise mentor, a caring community circle of great people, and the rich and interesting studies in Psychosynthesis, "the psychology with a soul." Heal your wounds, dispel your fears, and discover your soulful essence, so you can be happy and share your gifts purposefully.

Mary Hayes Grieco is a respected spiritual teacher who has taught workshops nationally and internationally for over thirty years. Learn more about her and her powerful work at:

www.maryhayesgrieco.com www.forgivenessstraining.com

Our group meets for ten weekends in the cozy and peaceful Carondelet Center on the campus of the College of St. Catherine in St. Paul, MN.

"Mary has a mind like a diamond and a heart of gold. She is full of magic!" - Shelley C, 2021 Self-Mastery student

THE 2024 PROGRAM SCHEDULE

January 12-13:	The Wonderful Forgiveness Weekend Move forward into freedom	July and August:	Summer Break
February 16-17:	The Soul-Illumined Personality & The Path of Self Mastery (Psychosynthesis I)	Sept. 13-14:	Lifestyle Lessons from the Essenes
March 15-16:	The Act of Will - Focused and Surrendered (Psychosynthesis II)	October 11-12:	Subpersonalities (Psychosynthesis III)
April 12-13:	Intuition: GPS of Soul & Personality	November 8-9:	Your Life with Energy
May 17-18:	Self Love for Life	Dec. 13-14:	Live Your Purpose: Relax, and Get Going!
June 7-8:	Healthy Boundaries		

Enrollment is limited! Call soon or fill out an application
online at <https://tinyurl.com/jtwkt2cz> and we'll be in touch.

Cost: \$3,500.00 36CEs Payment plan available
Learn More: www.forgivenessstraining.com www.maryhayesgrieco.com

Questions: For questions and more information about this program:

612-874-6622

