



## **SPARK YOUR SPARKLE 2022**

**The 5th annual New Year's workshop  
For Spirited Women  
With Mary Hayes Grieco**

**Saturday, January 8th  
2 - 4:30 PM CST  
On Zoom \$55 (or donation)**

***Will we sparkle again this year?  
Absolutely! Because -***

**In these times of "Un - "**

*Unprecedented uncertain unpredictable unexpected unhappy un-fun  
unravelling unimaginable unemployed underemployed uncooperative  
unnerving unsettled unknowns,*

**It's essential that we "Re -"**

*Renew recharge re-imagine restore reclaim resurrect remind remember  
re-frame rebuild reroute reinvent and*

***Re-commit to ourselves  
and each other and to the Light in this  
world.***

***This year, once again,*** a collection of great women from far and near will gather how we may, in a zoom room with no masks needed to encourage each other into the brightest possibilities for 2022.

***In this supportive afternoon workshop*** our online community will explore how to

- *Stop waiting and enduring, and start living lightly again, in this NOW*
- *Cultivate true confidence in who you are*
- *Play "the long game" as you envision a healthy sparkly older you*

***Now that all the holiday doing is done,*** take your me-time and be with your own heart and mind, in the company of a sassy sisterhood of women who mean to shine their light and be happy enough, despite the challenges of our times.

***"Come on, Sparklers,  
let's do this. We're  
playing a long game  
here." Mary***

**See you on Saturday,  
January 8, 2022,  
at 2 PM**



**Still Sparkling!**

**Arcangela Grieco**  
99 years, 7 months  
Mary's Mother in Law

**Questions? Call 612-874-6622 or email [mary@maryhayesgrieco.com](mailto:mary@maryhayesgrieco.com)**

**[Register and Pay here>>](#)**

You can then fill in the little box with:

- 1) \$55 regular price, or
- 2) \$\_\_ pay what you can, or
- 3) \$\_\_ donate extra to help another woman

*If you can't afford the \$55 fee right now,  
or if you want to pay more, to help another woman,  
just make a donation of any amount.*

*Proceeds will be shared with St Anne's Haven Home for Women and  
Children.*

**See you soon! Mary**

**Mary Hayes Grieco  
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Minneapolis, MN 55404**

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