

# The 2021 - 2022 Self Mastery Program with Mary Hayes Grieco

*“Move forward now into your beautiful life!  
With the skills and the mindset of a master, let  
go of the past and walk with a light step into the  
richness of the present and the full possibilities  
of your future.”*  
- Mary Hayes Grieco



This year – your mentor, your group, your rich and interesting class, a community circle to support your healing and purposefulness – it’s all here waiting for you! Come together with a good group of people and a wise and inspired guide, and move forward into your beautiful life.

Study holistic psychology, intuition, and spiritual healing with Mary Hayes Grieco this year, and make this year a positive turning point in your life. You will gain new tools and confidence to be your real self as you bring your gifts to the world.

This potent and joyful course takes place in 10 modules and 90 hours of group learning. Do it as a gift to yourself, and if you are a mental health or healing arts practitioner it will also offer a valuable new framework and new approaches in your work with clients. (40 CEs)

Our group meets in the cozy and peaceful Carondelet Center on the campus of the College of St. Catherine in St. Paul, MN.

Enrollment is limited to 15 (vaccinated) students.

Call soon: **612-874-6622**

For an application: <https://tinyurl.com/jtwkt2cz>

## THE 2021-2022 PROGRAM SCHEDULE

October 8-10: The Wonderful Forgiveness Weekend

November 12-13: The Path of Self Mastery

December 10-11: Conscious Will: Focused and Surrendered

January 7-8: Intuition: Your Soul’s Guidance

February 11-12: Healthy Boundaries

March 11-12: Subpersonalities: An Inner Cast of Characters

April 8-9: Self Love for a Lifetime

May 6-7: Your Life with Energy

June 3-4: Live Your Purpose: Relax, and Get Going!

**Questions:** For questions and more information about this program, call :  
**The Midwest Institute at 612-874-6622**

**Cost:** \$3,600.00 Payment plan available

**Learn More:** [www.forgivenesstraining.com](http://www.forgivenesstraining.com) [www.maryhayesgrieco.com](http://www.maryhayesgrieco.com)

