

Smile Through The Holidays

Forgive your family before they drive you crazy!

November 21, 2015



Mary Hayes Grieco

November 21, 2015

9:00am – 12:30pm

The Carondelet Center

1890 Randolph St., St. Paul, MN 55105

Cost: \$60

REGISTER: 612-874-6622

Learn more or register online at www.maryhayesgrieco.com

**Enjoy the winter holidays
in the true spirit of
unconditional love
for yourself and others**

- “Pre-emptively” forgive someone you dislike
- Set new boundaries with time and energy
- Strategize for meaning and soul renewal

No matter how different you are...
No matter how difficult they are...
This year it will be better!



Don't Let Hurt People Hurt You Anymore!

“The people in your family are yours for a lifetime – to live with, to learn from, to avoid or to enjoy the best you can.”

– Mary Hayes Grieco